Since IAMAT’s creation in 1960, our goal has been to help travellers stay healthy. Last year, we rigorously evaluated our programs to ensure that your donation has the biggest possible impact on travellers’ health. We also surveyed our members to see what brings them the most value from their IAMAT membership.

Throughout 2019 and beyond, we will continue to focus on two areas: Expanding the scope of our travel health information and providing more opportunities for travel medicine training to doctors and nurses in our Scholarship Program. Thanks to generous contributions from IAMAT members, 34 scholarships have been awarded to dedicated health practitioners in the places you travel.

Thank you for your continued support for our work. Your generosity means the world to the travellers and IAMAT scholars who rely on us.

Sincerely yours,

M. Assunta Uffer-Marcolongo, President
In December 2018, we introduced a new online resource, *Understanding Travel Health Insurance: Terms You Need to Know*.

This microsite provides a glossary of 26 common medical and legal terms found in travel insurance policies. It also includes explanations and examples in plain language. In the future, additional guidance about travel health insurance will be added to this microsite at [www.iamat.org/travel-insurance](http://www.iamat.org/travel-insurance).

The glossary complements our existing primer, *The Guide to Travel Health Insurance*. 
One of IAMAT's founding principles is to support travel medicine education and training. Our Travel Medicine Scholarships provide training opportunities for doctors and nurses from countries where travel medicine is an emerging specialty. Through this unique program, scholars gain the knowledge and skills to improve health standards in their community, benefiting travellers and local patients.

The Scholarship Program is currently focused on providing more opportunities for African health practitioners to train in travel medicine and apply travel medicine knowledge in a clinical setting.
The IAMAT Violet Williams Travel Medicine Scholarship was awarded to Marybeth Maritim of Nairobi, Kenya.

Dr. Maritim is a physician, university lecturer, and travel medicine practitioner. She attended an intensive 5-day travel medicine course with the South African Society of Travel Medicine at the University of the Witwatersrand in Johannesburg, South Africa. She also participated in 2 days of clinical observation at the Travel Doctor Clinic in Johannesburg.

Since completing the course, Marybeth has established a travel clinic in Nairobi and presented about travel medicine to the Kenyan Medical Association. Marybeth has also attended regional and international travel medicine conferences.
The IAMAT Stella & George Bryant Travel Medicine Scholarship was awarded to Yetunde Fadipe of Lagos, Nigeria.

Dr. Fadipe is a Consultant Family Physician at the Lagos University Teaching Hospital. She participated in 5 days of clinical observation at the Hospital for Tropical Diseases and the National Travel Health Network and Centre (NaTHNaC). She also attended a 5-day travel medicine short course at the London School of Hygiene and Tropical Medicine in London, United Kingdom.

After the course, Yetunde's research about challenges facing health professionals caring for patients travelling to Nigeria was presented at the Conference of the International Society of Travel Medicine.
In spring 2018, IAMAT engaged Cathexis Consulting to conduct an evaluation of the Travel Medicine Scholarship Program. The evaluation assessed the program's effectiveness in training doctors and nurses in travel medicine and supporting them to expand the practice of travel medicine in their countries. Past IAMAT scholars, instructors from travel medicine courses, travel medicine specialists, donors, and the Board of Directors were interviewed.

The scholarships were found to be an effective means of training practitioners who would not otherwise have access to travel medicine courses. The greatest success was seen in countries where scholars had institutional support to expand their practice and teach their colleagues. Individual scholars must be highly motivated, committed to travel medicine, and fluent in English to fully benefit from the scholarships. Going forward, we are exploring more long-term partnerships that meet these criteria.

Please contact us for a summary of the evaluation.
Travel and tropical medicine conferences

- Pan African Travel Medicine Conference, Cape Town, South Africa
- ASTMH 67th Annual Meeting, New Orleans, USA

Presentations

- Wilderness Medical Society: “Managing Psychological Emergencies Among International Travellers and Volunteers and Evaluating Medical Insurance for International Travellers”; Midway, USA

Publications

- “Report from an NGO: The unexpected challenges of travelling internationally with prescription medication.” *Journal of the British Global and Travel Health Association.*
We welcomed several new faces to our team in 2018:
• Sandra Ferguson, Membership Officer
• Jacqueline Tucci, Social Media Coordinator and Researcher
Meeting members’ needs

In response to a member survey, members told us that they found our Country Health Advice pages and other online resources very valuable. We will continue to expand these resources while ensuring that they remain accessible to members with limited internet access.

Members also requested medical contacts in more countries, a need that we strive to meet through our Travel Medicine Scholarship Program.

Scholarships

Going forward, we will continue to focus on our Travel Medicine Scholarship Program. The scholarship program results in better care for travellers and local patients in the scholar’s community.

To strengthen the program, we are developing more long-term partnerships with universities and travel medicine associations.
Where does my donation go?
Financial year: January 1 – December 31, 2018

Programs + Projects = 84%

**Travel Health Information**
- Up-to-date travel health information about immunizations and local health risks for all countries.
- Research, data collection, and producing whitepapers, charts, tipsheets, and online resources.
- Public education projects focusing on healthy travel, including prevention of injuries and the spread of infectious diseases by travellers.
- Maintaining our international listings of English-speaking doctors.

**Travel Medicine Scholarships**
- Awarding travel medicine scholarships to doctors and nurses from countries where travel medicine is an emerging specialty.

Administration = 14%
- Management and general operating costs.

Donor Development = 2%
- Promotion and outreach. IAMAT does not employ the services of third-party fundraisers.
Your donation is tax-deductible. Please contact us for copies of IAMAT's Financial Statements:

info@iamat.org

**USA:** 501(c)3 non-profit. E.I. Number 13-2613755
**Canada:** Business Number 11892 9231 RR0001

IAMAT is a division of the FOUNDATION FOR THE SUPPORT OF INTERNATIONAL MEDICAL TRAINING

*Images: Dhiman Bose, IAMAT, Marybeth Maritim, Yetunde Fadipe, Sandra Ferguson, Jacqueline Tucci, IAMAT*