



IAMAT

2017 Report to Members



Message from the President

In 2017, one central question guided our work: How can we make travel health information more accessible to travellers?

To this end, we released the Travel Health Planner. The Planner is an online tool that compiles health recommendations for multiple countries into a simple table. We also worked with public health and community partners to design illustrated tipsheets for travellers visiting friends and relatives abroad.

Your support made it possible for us to publish *Healthy Travel: A pocket guide for seniors*. The guide is popular among our members and travel health practitioners. Still, there is a need for more information tailored to older travellers, specifically about travel health insurance and travelling with medications.

Thanks to generous donations from travellers, we are able to provide the health information and medical listings that you rely on. Going forward, we will further develop our Scholarship Fund which sponsors scholarships for doctors and nurses from countries where travel medicine is an emerging specialty. Thank you for your continued support.

Sincerely yours,

M. Assunta Uffer-Marcolongo

Healthy Travel: A pocket guide for seniors

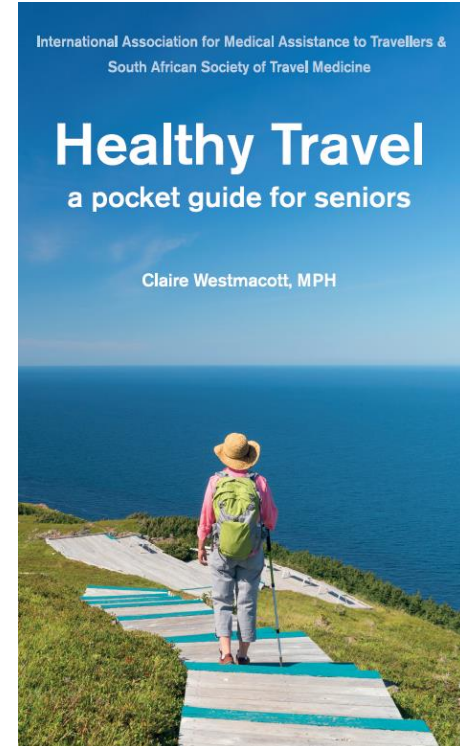
Older travellers are a rapidly growing segment of the travelling population. Many IAMAT members have requested health advice specifically for older travellers.

Healthy Travel: A pocket guide for seniors is a reference guide for older travellers. The guide was written and published by IAMAT in collaboration with the South African Society of Travel Medicine. It is the companion publication to *The Older Traveller: A guide for the health professional*.

Published in October 2017, *Healthy Travel* provides checklists and advice on a range of topics, including:

- Travelling with medication
- Managing chronic diseases
- Travel vaccines
- Accessibility and mobility
- Travel stress
- Travel health insurance

IAMAT members receive a discount when purchasing *Healthy Travel: A pocket guide for seniors*.





Travel Health Planner

We were thrilled to introduce the Travel Health Planner to IAMAT members in April 2017. The Travel Health Planner is an online tool that provides health advice and vaccination recommendations for all the countries on your itinerary.

Key features:

- Simple tables show required and recommended vaccinations and local health risks.
- The Countdown to a Healthy Trip helps you plan ahead.
- Easily identify countries on your itinerary with IAMAT-affiliated doctors.
- Insect bite prevention measures, information on current Dengue, Chikungunya, and Zika Virus outbreaks, and links to detailed health risk information are also included.

IAMAT members have exclusive access to the Travel Health Planner at www.iamat.org.

The screenshot displays the Travel Health Planner interface. At the top, there are two dropdown menus: 'Departing from:' and 'Trip ending in:', both set to 'UNITED STATES OF AMERICA'. Below these is a section titled 'Add more destinations' with a dropdown menu set to 'PERU'. A blue button with a plus sign and the text '+ Add' is located below the dropdown. Underneath is a section titled 'Itinerary' which contains a list of destinations in blue bars: 'United States of America', 'Brazil', 'Bolivia', and 'United States of America'. Each bar has a small 'x' icon in a grey box on the right side, indicating it can be removed from the itinerary.

Travellers visiting friends and relatives

IAMAT is receiving more and more inquiries from travellers who reside in Canada or the USA and are returning to their country of origin to visit friends and relatives.

Travellers visiting friends and relatives are at higher risk of travel-related illnesses than tourists and may not have access to specialized travel health advice (such as a nearby travel health clinic or health services in their first language).

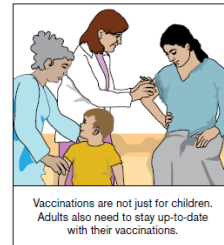
After an extensive review of travel medicine literature, IAMAT worked with public health and community partners to develop illustrated tipsheets for travellers visiting friends and relatives. The tipsheets provide advice on common travel health risks and checklists to help with trip planning.

Health practitioners and travellers can contact IAMAT for a printed copy of the tipsheet series.

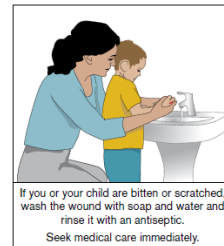
Travel vaccines protect you and your family



Why should you get vaccinated?



Do you need Rabies vaccine?





Scholarships

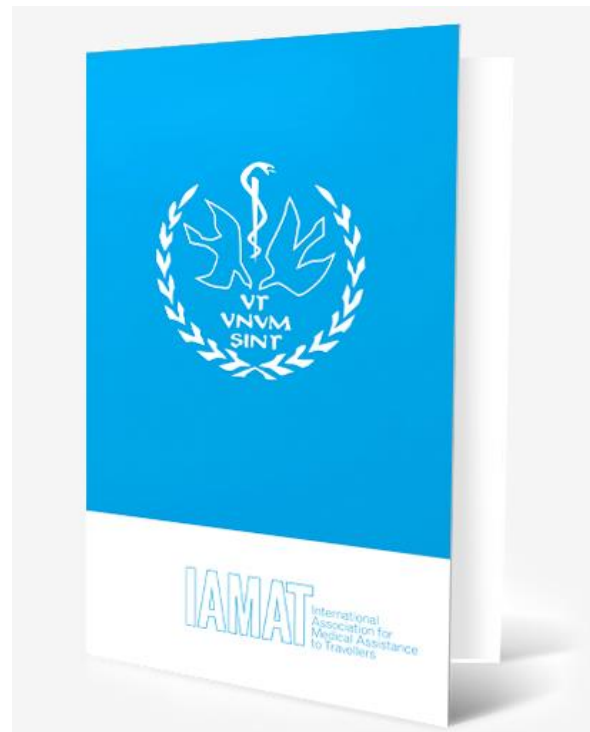
The IAMAT Stella & George Bryant Travel Medicine Scholarship was awarded to Ramesh Maniam of Klang, Malaysia. Dr. Maniam participated in 5 days of clinical observation at the Hospital for Tropical Diseases and a 5-day travel medicine short course at the London School of Hygiene and Tropical Medicine in London, United Kingdom.

One of IAMAT's founding principles is to support travel medicine training for health practitioners from countries where travel medicine is an emerging specialty. Through this unique program, scholars gain the knowledge and skills to improve health standards in their community, benefitting travellers and local patients. Each year, the IAMAT Scholarship Fund sponsors doctors and nurses to attend travel medicine courses. The scholarships are funded by generous contributions from IAMAT members.

We plan to expand this program in the future to provide more opportunities for rigorous travel medicine training, with a focus on applying knowledge in a clinical setting.

We welcomed 14 new clinics and private practice doctors in 12 countries:

- Argentina
- Canada
- China
- Colombia
- Denmark
- Dominican Republic
- Egypt
- Japan
- Namibia
- South Africa
- Sweden
- USA

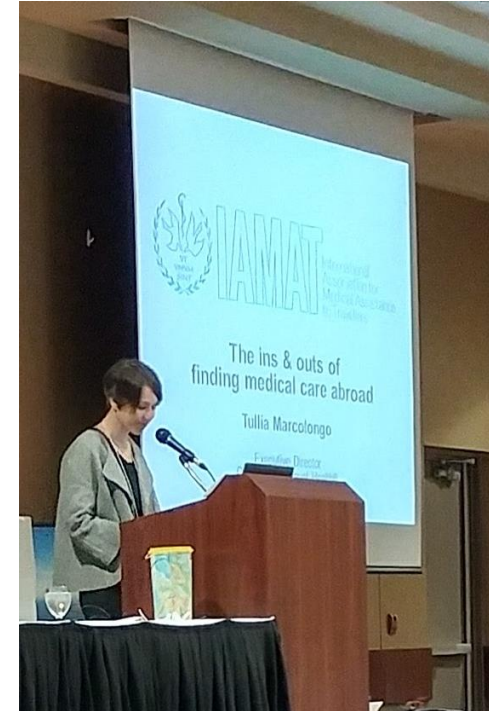


Travel and tropical medicine conferences

- 15th Conference of the International Society of Travel Medicine
- ASTMH 66th Annual Meeting

Presentations by IAMAT

- ASTMH 66th Annual Meeting: The Marcolongo Lecture sponsored by IAMAT featured Claudio F. Lanata of Peru on the topic “Vibrio cholera: Lessons from Haiti and its pending research agenda.”
- Manitoba Travel Health Conference: The Executive Director and Communications and Marketing Specialist presented on travel health insurance and travellers visiting friends and relatives.
- World Youth and Student Travel Conference: The Executive Director presented on the role of travel professionals in travellers’ physical and mental health.



Media

6% increase in media mentions over the previous year, including:

- Financial Post
- CBC
- Smarter Travel
- Huffington Post
- STAT News

In the community

IAMAT had a strong presence at public travel events in 2017.

Our team introduced IAMAT to travellers, met IAMAT members, and answered travel health questions at 3 events in Toronto, Canada:

- Go Global Expo
- Experience Your Life Expo
- ZoomerShow

Health Writer and Research Specialist

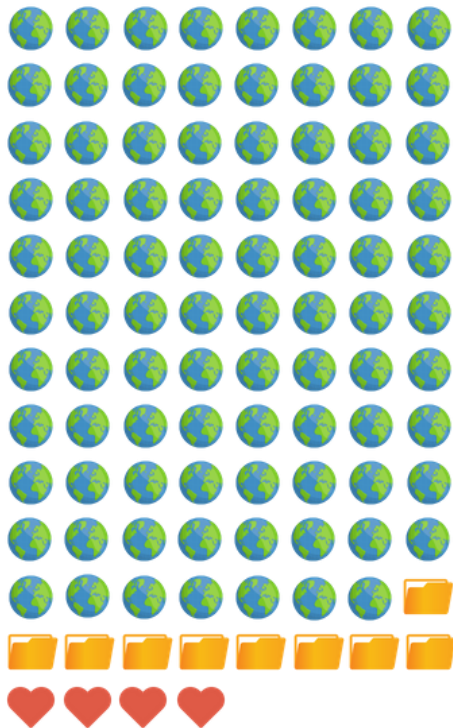
In early 2017, we welcomed Claire Westmacott, MPH to the IAMAT team as our Health Writer and Research Specialist.

Program priorities

In 2018 and beyond, we will focus on expanding our travel medicine scholarship program and providing a wider range of health information for travellers, including additional resources on travel health insurance.



Where does my donation go?



Programs + Projects = 87%

Travel Health Information

- Up-to-date travel health information including immunizations, disease risks, and food and water safety precautions for all countries.
- Research, data collection, and producing whitepapers, charts, and tipsheets.
- Public education projects focusing on healthy travel, including prevention of injuries and the spread of infectious diseases by travellers.

Health Network

- Expanding our listings of qualified English-speaking doctors to more cities and countries.

Travel Medicine Scholarships

- Awarding travel medicine scholarships to doctors and nurses from countries where travel medicine is an emerging specialty.

Administration = 9%

- Management and general operating costs.

Donor Development = 4%

- Promotion and outreach. IAMAT does not employ the services of third-party fundraisers.



Contact us

Your donation is tax-deductible. Please contact us for copies of IAMAT's Financial Statements:

info@iamat.org

USA: 501(c)3 non-profit. E.I. Number 13-2613755

Canada: Business Number 11892 9231 RR0001

IAMAT is a division of the FOUNDATION FOR THE SUPPORT OF INTERNATIONAL MEDICAL TRAINING

Images: Seth Lazar (cover), IAMAT (Healthy Travel: A pocket guide for seniors, Travel Health Planner, Travellers visiting friends and relatives, Health network, Conferences and meetings, Where does my donation go?), Claire Westmacott (Growth and the future)